

NOVEMBER 2022

Choice Academies

WG=Whole grain
 Meat Entrée (A)
 Vegetarian Entrée (B)

Monday

Adult Meals- \$4.45
 Child paid meals-\$3.30
 Reduced price meal- \$.40

Free and reduced applications are available in all school lobbies.

Tuesday
Wednesday
Thursday
Friday

1
 Turkey Taco(A)
 Veggie Taco (B)
 Seasoned beans
 Fruit

2
 Chicken Quesadilla (A)
 Cheese Quesadilla (B)
 Green Beans
 Fruit

3
 Cheeseburger on WG Bun (A)
 Grilled Cheese (B)
 Hamburger (C)
 French Fries
 Fruit

4
 Pepperoni Pizza (A)
 Cheese Pizza (B)
 Carrots
 Fruit

7
 French Toast Sticks w/sausage (A)
 French Toast Sticks w/Eggs(B)
 Fruit

8
 Beef Taco(A)
 Veggie Taco (B)
 Salad
 Fruit

9
 Popcorn Chicken (A)
 PB&J /WG Bread w/Cheese Stick (B)
 Mashed Potatoes
 Corn
 Fruit

10
 Pepperoni Pizza (A)
 Cheese Pizza (B)
 Celery
 Fruit

11
No School

14
 Pancakes w/Sausage(A)
 Pancakes w/ Eggs(B)
 Fruit

15
 Pasta w/ meat sauce (A)
 Pasta w/ Marinara(B)
 Green Beans
 Fruit

16
 Orange Chicken w/ Rice(A)
 Vegetable Rice(B)
 Corn
 Fruit

17
 Pepperoni Pizza (A)
 Cheese Pizza (B)
 Carrots
 Fruit

18
Early Dismissal

21
 Chicken Nuggets w/ WG waffle (A)
 WG Waffle & Eggs (B)
 Fruit

22
 BBQ Pulled Pork on WG/Bun(A)
 PB&J /WG Bread w/ Cheese stick (B)
 Corn
 Fruit



25

28
 Breakfast Sandwich w/sausage egg & cheese (A)
 Breakfast Sandwich w/egg & cheese (B)
 Fruit

29
 Turkey Taco (A)
 Veggie Taco (B)
 Seasoned Beans
 Fruit

30
 Chicken Patty on WG Bun(A)
 Grilled Cheese(B)
 Green Beans
 Fruit

Variety of fruit served daily
 Apples, Oranges, Peaches, Pears, variety of melons and berries, Grapes, fruit cocktail, applesauce.

Students from K-12 have a choice of 1% white or non-fat chocolate milk.
 Pre-K students are served 1% white milk only.

This institution is an equal opportunity provider.

If you have any questions regarding the Food Serve Program, you may contact Caprice Preston at (602)938-5517,ext 106 or email cpreston@choiceacademies.org

