


This Institution is an equal opportunity provider

Choice Academies October Lunch Menu 2022

Grab & Go	Monday	Tuesday	Wednesday	Thursday	Friday
Grab & Go items are for JP and Staff only. Week 1: Soup: French Onion	3 Pancakes w/ Pork Sausage (A) Pancakes w/ Scrambled Eggs (B) Broccoli Florets Fruit	4 Ham & Cheese Sub w/lettuce(A) Veggie Sub (B) (Lettuce tomato, green/red peppers, cucumber, cheese) Carrots/Celery Fruit	5 Beef & Cheese Burrito (A) Cheese & Bean Burrito (B) Corn Fruit	6 Early Dismissal	7 Early Dismissal
Week 2: Soup:					
Week 3: Soup: Chili	17 French Toast Sticks w/ Pork Sausage (A) French Toast Sticks w/ Scrambled Eggs (B) Carrot/Celery Sticks Fruit	18 Chicken Patty on WG Bun (A) PB & J, Cheese Stick (B) Mashed Potatoes Corn Fruit	19 Cheeseburger WG/bun (A) Cheese Quesadilla (B) Hamburger WW/bun (C) French Fries Fruit	20 Orange Chicken (A) California Veggies (B) Cheese Stick, Rice, Fruit	21 Pepperoni Pizza(A) Cheese Pizza (B) Garden Salad Fruit
Week 4: Soup: Broccoli Cheese	24 Breakfast Sandwich, eggs, cheese w/ pork sausage (A) Breakfast Sandwich w/ cheese & eggs(B) Broccoli Florets Fruit	25 Corn Dog (A) Grilled Cheese ww/Bread(B) French Fries Fruit	26 BBQ Pulled Pork WG/Bun (A) Cheese Quesadilla(B) Seasoned Pinto beans Seasoned Rice Fruit	27 Popcorn Chicken w/ Mashed Potatoes & Gravy (A) PB & J w/ Mashed Potatoes (B) Corn Fruit	28 Pepperoni Pizza (A) Cheese Pizza (B) Garden Salad Fruit
Week 5: Soup: Stuffed Pepper	31 Chicken Nuggets & WG Waffles (A) WG Waffles & Scrambled Egg (B) Broccoli Florets Fruit				
WG: Whole Grain PBJ: Peanut Butter & Jelly Sandwich Meat Entrée (A) Vegetarian Entrée (B) Fruit Daily	If you have any questions regarding the Food Service Program, you may contact Caprice Preston at (602) 938-5517, ext. 106 or email at cpreston@choiceacademies.org	Students from K-8 have a choice of 1% white or non-fat chocolate milk. Pre-K students are served 1% white milk only		Adult meals: \$4.00 Child paid meals: \$3.30 Reduced price meals: \$.40 Free and Reduced Applications are available in all school lobbies	Variety of fruit served daily Apples, Oranges, Strawberries Grapes, Watermelon, Applesauce, Fruit cocktail